

HCPC Diversity Data Report 2021: arts therapists

Introduction

The Health and Care Professions Council (HCPC) aims to be recognised as an organisation that actively upholds and promotes best practice in equality, diversity and inclusion. Improving the quantity and quality of our diversity data is an important step towards achieving this aim.

Between December 2020 and March 2021, we collected diversity data in a voluntary survey from 51,710 registrants across 15 health and care professions. This represents 18% of the HCPC Register and a three-fold increase in responses as compared with the 2019/20 survey.

This factsheet provides the key EDI information for the arts therapists and how the demographics of this group compare to the demographics of HCPC registrants overall.



Profession:
arts therapists



Total registered
arts therapists:
4,804¹



Number of arts therapists who
responded to the survey:
1,494

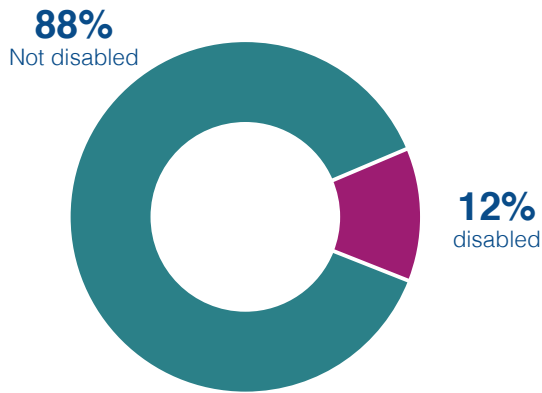
Key findings

- Arts therapists reported the highest rates of disability amongst all the registrant titles.
- The percentage of arts therapists identifying as Spiritual was much higher than in other professions.
- Arts therapists reported the highest levels of at least one secondary work setting amongst all HCPC professions (65%).
- Arts therapists had the lowest proportion of full-time workers (31%).
- Arts therapists had the highest proportion of independently educated registrants, joint with physiotherapists (22%).

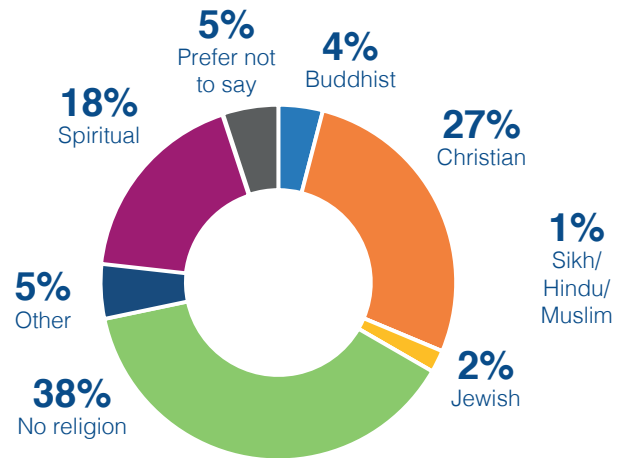
1. Total taken from age group data.

Arts therapists - Key findings

Disability



Religion

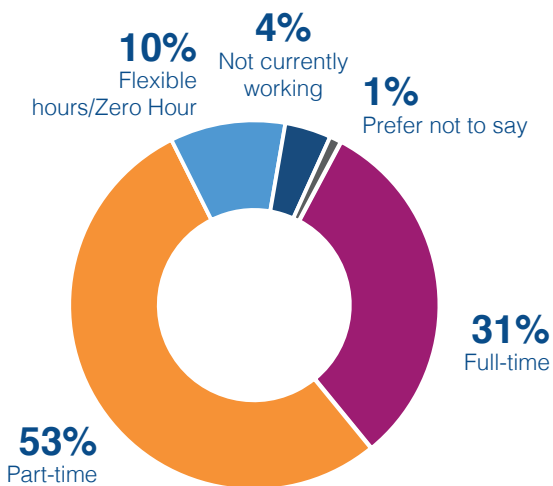


Secondary work setting

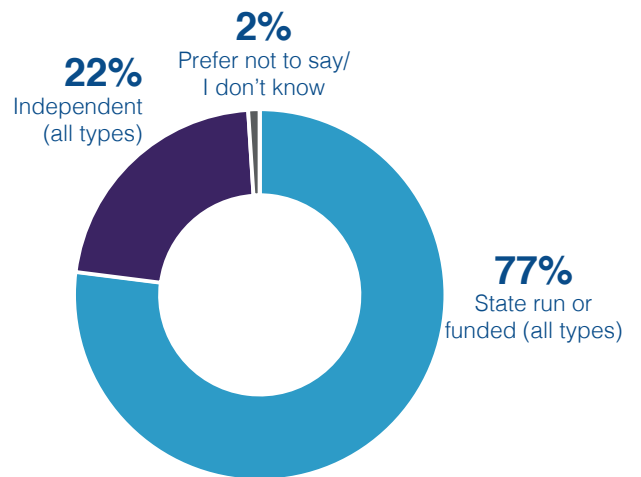
65%
Registrants with at least one secondary work setting



Work pattern



Education



Age

Count and proportion of respondents by age group:

	Under 25		25-34 years		35-44 years		45-54 years		55-64 years		65 and over		Average age
	Count	%	Count	%	Count	%	Count	%	Count	%	Count	%	
Arts therapist	14	0	1,072	22	1,339	28	1,195	25	860	18	324	7	45
All professions	11,853	4	78,796	27	84,390	29	65,492	23	40,694	14	7,956	3	42

Disability

Count and proportion of respondents by disability:

	Disabled		Not disabled		Prefer not to say	
	Count	%	Count	%	Count	%
Arts therapist	170	12	1,298	88	7	0
All professions	4,188	8	47,005	91	523	1

Ethnicity

Count and proportion of respondents by ethnic origin:

	Asian		Black		Mixed		White		Other		Prefer not to say	
	Count	%	Count	%	Count	%	Count	%	Count	%	Count	%
Arts therapist	73	5	41	3	61	4	1,237	84	50	3	13	1
All professions	3,993	8	2,368	5	1,246	2	42,755	83	894	2	461	1

Gender

Count and proportion of respondents by gender:

	Woman		Man		Other		Prefer not to say	
	Count	%	Count	%	Count	%	Count	%
Arts therapist	1,274	86	177	12	19	1	5	0
All professions	39,146	76	12,175	24	174	0	7	0

Count and proportion of responses to “Do you consider yourself to fall under the protected characteristic of ‘pregnancy & maternity’, as per the Equality Act 2010?”

	Yes		No		Prefer not to say	
	Count	%	Count	%	Count	%
Art therapist	71	5	1,390	94	14	1
All professions	3,098	6	48,088	93	529	1

Religion

Count and proportion of respondents by religion or belief:

	Buddhist	Christian	Hindu	Jewish	Muslim	No religion	Other	Sikh	Spiritual	Prefer not to say
Arts therapists	4%	27%	0%	2%	0%	38%	5%	0%	18%	5%
All professions	1%	44%	2%	1%	3%	39%	3%	1%	4%	3%

Sexual orientation

Count and proportion of respondents by sexual orientation:

	Lesbian, Gay or Queer (LGQ) ²		Heterosexual		Other		Prefer not to say	
	Count	%	Count	%	Count	%	Count	%
Arts therapists	93	6	1,183	80	132	9	67	5
All professions	2,254	4	46,558	90	1,804	3	1,094	2

Caring responsibilities

Count and proportion of respondents by caring responsibility:

	Yes		No		Prefer not to say	
	Count	%	Count	%	Count	%
Arts therapists	475	32	976	66	24	2
All professions	18,351	35	32,746	63	617	1

Country of work

Count and proportion of respondents by country of work:

	England		Northern Ireland		Scotland		Wales		Other	
	Count	%	Count	%	Count	%	Count	%	Count	%
Arts therapists	1,207	82	36	2	108	7	50	3	74	5
All professions	42,169	82	1,348	3	3,798	7	2,302	4	2,093	4

2. The term "LGQ" is used throughout the report to represent the categories: Gay Man, Gay woman/lesbian, Queer, and Prefer to self describe (where gay or queer or lesbian was indicated). This was used to ensure data remain unidentifiable, particularly where small cell counts were noted.

Work setting

Proportion of respondents by primary work setting:

Work Setting	Arts therapists	Total
Adult social care	3%	2%
Ambulance service	0%	7%
Community service	2%	9%
Higher education/university/academia/research	4%	3%
Independent or private healthcare provider (clinic/business)	6%	11%
Independent or private healthcare provider (hospital/acute)	1%	3%
Laboratory	0%	7%
NHS Acute/ hospital/ secondary care	2%	35%
NHS Mental Health service	19%	6%
Other	38%	10%
Schools (primary/secondary/special)	24%	4%

Count and proportion of respondents by work pattern:

	Full-time		Part-time		Flexible hours/ Zero Hour		Not currently working		Prefer not to say	
	Count	%	Count	%	Count	%	Count	%	Count	%
Arts therapists	462	31	789	53	143	10	63	4	18	1
All professions	32,236	62	15,825	31	2,126	4	1,200	2	332	1

Education

Count and proportion of respondents by type of schooling:

	State run or funded (all types)		Independent (all types)		Prefer not to say		I don't know	
	Count	%	Count	%	Count	%	Count	%
Arts therapists	1,129	77	321	22	19	1	6	0
All professions	42,523	82	7,931	15	761	1	504	1

Parental or guardian education attainment

Count and proportion of responses to the question “when you were 18, had any of your parents or guardians completed a university degree course of equivalent (e.g., BA, BSC, or higher)?”

	Yes		No		I don't know		Prefer not to say	
	Count	%	Count	%	Count	%	Count	%
Arts therapists	686	47	773	52	8	1	8	1
All professions	17,949	35	32,719	63	637	1	405	1